



## Starting Point: Thou Shall Not . . .

### Matthew 22:34-40

#### Discussion Questions:

1. What is it about a rule that makes it feel controlling instead of caring?
2. What happens to a relationship when someone breaks a rule?
3. In general, how do you react to rules? What rules are the hardest for you to keep?
4. Talk about a time when you made rules for someone else. What was the purpose of those rules?
5. Growing up, did you feel like religion was based on the family model, the club model, or the neighborhood association model?

**October 11, 2020**

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## Announcements

### Praying the Psalms

**Tuesday, October 13 at 6:00pm**

Looking for more insights on the psalms and experiencing their power in prayer. The series will be both in-person in the sanctuary and online at [stmarkwdm.online.church](http://stmarkwdm.online.church) looking at Psalm 130.

### Community Outreach - Meals on Wheels



WesleyLife Meals on Wheels delivers nutritious meals to hundreds of adults throughout the Des Moines Metro. WesleyLife is committed to supporting the health and independence of older adults. For the month of October, we will be collecting donations in support of their Meals on Wheels program. Each meal costs about \$7.25 a piece or about \$50 a week. Please consider supporting this program, every donation makes a difference! Designate Meals on Wheels on your check and place in the offering plate or send to the St. Mark office, or donate online by going to [www.stmarkwdm.org/give](http://www.stmarkwdm.org/give).

### Wednesday Worship Moving Inside and Online at [stmarkwdm.online.church](http://stmarkwdm.online.church)

**Wednesday, October 14 at 6:00pm  
in the St. Mark Worship Center and Online**

Mark your calendar for the change in location starting on October 14! The air is getting cooler and the daylight hours are getting shorter, so we will be switching to worship in the sanctuary and online. Masks are encouraged and social distancing is essential.



### Flowers

Today's flowers arrangements are given by Deborah Schoon-Lowry; and Judy and Art Andersen in memory of Anne Timm.